

Parenting the Difficult Child

a new support group for Moms



Do you have a difficult or non-compliant child at home?
Are you looking to build a better relationship with your child?

Come and join us for a 10 week evidence based parenting group geared for parents of children ages 3 to 10.

Learn *proven* methods to reduce or eliminate problem behaviors, while simultaneously strengthening your relationship with your child. After attending this group, your child will:

- Become more responsible for behaviors
- Develop new and creative solutions to problems
- Develop respect and acceptance of self and others
- Cultivate empathy and respect for thoughts and feelings of others
- Learn new social skills and relational skills with family

This group is facilitated by Dr. Nicole Chavez and Dr. Parie Baharian, experienced Child Psychologists who help parents raise emotionally strong and healthy children.

We meet Weekly in Newport Beach

For more information or to register, please visit:
www.postpartumrelief.org or call 949-791-7289